

North Zone Regional services

Medium Wave Service

Sl. No.	Station	Frequency (kHz.)	Meters
1	Agra	1530	196.1
2	Allahabad	1026	292.4
3	Almora	999	300.3
4	Chamoli 'Gopeshwar'	1485	202.0
5	# Diskit	1602	187.2
6	# Drass	1485	202.0
7	Dungarpur	1485	202.0
8	Gorakhpur	909	330.0
9	Jodhpur 'A'	531	564.7
10	Kargil 'A'	684	438.6
11	Kargil 'B'	1584	189.4
12	# Khalsi	1485	202.0
13	Kota	1413	212.3
14	Kupwara	1350	222.2
15	Leh	1053	284.9
16	Najibabad	954	314.3
17	Naushera	1089	275.4
18	# Nyoma	1485	202.0
19	# Padam	1584	189.4
20	Pauri	1602	187.2
21	Pithoragarh	1602	187.2
22	Rampur	891	336.7
23	Rohtak	1143	262.4
24	Shimla	774	387.6
25	Srinagar 'A'	1116	325.6
26	# Tiesuru	1602	187.2
27	Udaipur	1125	266.6
28	Uttarkashi	1602	187.2

Short Wave Service

Sl.No.	Station	Timings	Frequency(KHz.)	Metres
1	Leh	07.25 a.m. - 10.00 a.m.	4760	63.02
		12.30 p.m. - 03.00 p.m.	6000	50.00
		05.00 p.m. - 10.30 p.m.	4760	63.02

F.M. Service

Sl.No.	Station	Freq.(MHz.)	Sl.No.	Station	Freq.(MHz.)
1.	Agra	103.4	41.	Kasauli	100.9
2.	Ajmer	103.3	42.	# Kathua	102.2
3.	\$ Aligarh	101.3	43.	Keylong	100.4
4.	Almora	100.8	44.	Kota	102.0
5.	Almora	103.0	45.	Kotputli	101.9
6.	Alwar	103.1	46.	Kullu	102.5
7.	Amethi	103.1	47.	Kurukshetra	101.4
8.	Amritsar	103.6	48.	Leh	101.1
9.	Bageshwar	101.5	49.	Lakhimpur Kheri	102.3
10.	Banda	101.2	50.	Mathura	102.2
11.	Banswara	101.3	51.	Maunath Bhanjan	102.2
12.	Bareilly	100.4	52.	Meerut	101.7
13.	Bhatinda	101.1	53.	Mount Abu	103.5
14.	Bhadarwah	101.0	54.	\$ Mussoorie	102.1
15.	Bharmaur	101.3	55.	Nagaur	103.7
16.	Bhatwari	100.3	56.	Nanpara	103.2
17.	Bikaner	101.6	57.	Nainital	100.4
18.	Bundi	103.6	58.	Obra	102.7
19.	Chautan Hill	102.3	59.	New Tehri	101.2
20.	Chittorgarh	102.9	60.	Patnitop	103.1
21.	Churu	100.7	61.	Patiala	100.2
22.	Dehradun	100.5	62.	Pithoragarh	102.4
23.	Dharamshala	103.4	63.	Poonch	100.7
24.	Etawah	102.5	64.	Rajouri	101.9
25.	Faizabad	101.9	65.	Rampur (UP)	102.9
26.	Fazilka	100.8	66.	Sawai Madhopur	101.5
27.	Gairsain	102.4	67.	Shimla	103.7
28.	Gopeshwar	100.4	68.	Srinagar	103.5

29.	Gurej	100.5	69.	Sultanpur	101
30.	Hamirpur (Himachal Pradesh)	101.8	70.	Tithwal	102.3
31.	Hissar	102.3	71.	Udhampur	103.1
32.	Himbotingla	101.7	72.	Udhampur	103.7
33.	Jaipur 'A'	101.2	73.	Uri	101.4
34.	Jaisalmer	101.8			
35.	Jammu 'A'	100.3			
36.	Jhalawar	103.2			
37.	Jhansi	103.0			
38.	\$ Kanpur	100.1			
39.	Kalpa	103.7			
40.	Gadania	103.7			

FM 100 W, 100.1 MHz

Sl.No.	Station	Sl.No.	Station
1.	Ambala	24.	Manali
2.	Anupgarh	25.	Mandi
3.	Bacher	26.	Mangaladevi Fort
4.	Baharaich	27.	Mathura
5.	Balrampur	28.	Nathdwara
6.	Berthein	29.	Orai
7.	Bharatpur	30.	Padam
8.	Bilaspur	31.	Pauri
9.	Bimber Gali	32.	Pahalgam
10.	Chauri Khas	33.	Pilibhit
11.	Chamba	34.	Pratap Nagar
12.	Drass	35.	Rajgarhi
13.	Ferozpur	36.	Rampur(HP)
14.	Gurdaspur	37.	Ranikhet
15.	Hardoi	38.	Sirsa
16.	Haridwar	39.	Sunder Nagar
17.	Jhunjhunu	40.	Tanakpur
18.	Kalagarh	41.	Tieissuru
19.	Kargil	42.	Tral
20.	Karouli	43.	Ukhimath
21.	Kashipur	44.	Uri
22.	Khetikhan		
23.	Mahoba		